



5th International Conference on  
**Advance Care Planning  
and End of Life Care**

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[www.acpel2015.org](http://www.acpel2015.org)



## **How to have an advance care planning conversation: a practical approach to having the discussion.**

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Do you wish to develop or update your skills and confidence in conducting ACP conversations? This interactive workshop will introduce you to a structured and stepwise approach to the conversation, utilizing facilitated discussion, role-play and DVD. During the workshop topics covered will include:

- Getting the conversation started
- Talking to people / patients about substitute decision makers
- Discussing goals, values and beliefs
- Discussing a person's "reasonable outcome"
- Discussion of treatment preferences
- Documentation of the outcomes of a discussion in a meaningful way, which can be utilized in the future if required.

This workshop is suitable for both those with previous ACP experience and those wishing to develop these skills, and does not rely on specific legislation but discusses the topic more generally and therefore is suitable for an international audience.

The contents of the workshop have been developed and updated over the past 10 years and have been informed by the experience of having, and reviewing the outcomes of over 5000 ACP discussions. A similar workshop occurred at the ACPEL 2013 conference in Melbourne, was well attended, and overall participants found it to be beneficial.